

Family Constellations

with Claire Khudai Dagenais

Facilitator & trainer in Systemic Constellations info@constellationsfamiliales.ca 514-850-0903



Tending to our Roots”

With the support of other workshop participants, we will set up Constellations, which are a dynamic portrait of our family field. They reveal the degree of intimacy, pain, love, or sense of abandonment that one may feel in relation to the others, and exposes identifications and entanglements.

We will learn to move beyond judgement and to consciously open our heart to excluded or forgotten family-members. Thus, we gain wholeness, inner strength and learn to find our place within the family system and in life in general. This is the way to grow up from the blind love of a child to the mature love of a conscious human being. Now we no longer need to repeat the suffering of our parents or ancestors, while at the same time we are full of gratitude towards them.

Hosted By: Ambreen Ihsanullah MEd Your Roots to Branches Counselling Services

Information and Registration: Ambreen at (613)421-9277 info@ambreen.ca www.ambreen.ca

Family Constellation Weekend Workshop

Where: NECTAR 255 MacKay Street Ottawa K1M 2H3

Dates: Saturday & Sunday November 24-25, 2018

Time: 9:30am to 5:30pm each day

Fee : \$350 includes HST Earlybird \$325 until November 14, 2018

